PHYSICAL AND BEHAVIORAL INDICATORS OF PHYSICAL ABUSE

PHYSICAL INDICATORS

BEHAVIORAL INDICATORS

Unexplained bruises and welts:

- On face, lips, mouth, torso, back buttocks or thighs
- In various stages of healing
- Clustered, forming regular patterns
- Reflecting shape of object used to inflict injury (electric cord, belt buckle, hand)
- On several different surfaces
- Regularly appear after absence, weekend or vacation

Unexplained burns:

- Cigar, cigarette burns, especially on soles, palms, back or buttocks
- Immersion burns (e.g. glove-like), on buttocks or genitalia
- Patterns (e.g. electric burners)
- Rope burns on arms, legs, neck or torso

Unexplained fractures:

- To skull, nose, facial structure
- In various stages of healing
- Multiple or spiral fractures

Unexplained lacerations or abrasions:

- To mouth, lips, gums, eyes
- To external genitalia

- Wary of adult contacts
- Apprehensive when other children cry
- Behavioral extremes: aggression, compliance or withdrawal
- Frightened of caregiver
- Afraid to go home
- Reports injury by caregiver
- Exhibits low self-esteem
- Blames self for abuse

All indicators are not symptomatic of abuse or neglect. They must be examined in context with other family characteristics to determine that a child is in need of help.